



Case 15: Pelvic limbs build up for showing publication date: Aug 8, 2008

[Previous](#) | [Next](#)

'Bramble' Flat Coated Retriever, Male (entire), 02/06/04
Haslemere, Surrey

Initially presented by owner for bulking up muscle in the hind quarters for showing.

Aim; To hopefully build up the pelvic limbs/area to enable Bramble to qualify for Crufts at his next show in December.

DATE	SESSION NUMBER	SPEED (k/h)	DURATION (MINUTES)	NOTES
17/10/06	1	4.8 4.6 4.4 4.2	4 3 3 2	Fantastic start! Very keen, no problem with treadmill. Bramble has a lovely & smooth front end pace, but his hind limbs don't seem to move as smoothly. He carries a fair amount of muscle on his actual thighs but very little over his pelvis & hips.

20/10/06	2	4.6 4.8 4.4	6 2 4	Tried range of movement test on both hind legs when Bramble was in lateral recumbency, Right hip appears to have reduced movement caudally, and the Left, similar but to a slightly lesser extent.
23/10/06	3	4.6 4.2	5 7	Altering speeds to make sure that Bramble is building stamina, not just bulk for short distance. Chris Serjeant, Vet, checked Bramble, and he too is not happy with reduced movement, advised x-ray to rule out early hip dysplasia.
27/10/06	4	4.6 4.4 4.2	6 3 3	
30/10/06	5	4.6 4.4 4.2	8 3 2	
02/11/06	6	4.6 4.4 4.2	8 3 3	First incline (15 degree incline) 06/11/06 ; 35.6kg Sedate to x-ray hips and lumbar spine, hips appear good, but sclerosis of s1/s2 vertebral junction.
10/11/06	7	4.6 4.4 4.2	8 3 3	First incline
13/11/06	8	4.6 4.4 4.2	8 3 3	First incline Can now visibly see lumbar & gluteal muscles working!
17/11/06	9	4.6 4.4 4.2	8 3 3	First incline

24/11/06	10	4.6 4.4 4.2	8 3 3	First incline
27/11/06	11	4.6 4.4 4.2	8 3 3	First incline
01/12/06	12	4.6 4.4 4.2	8 3 3	First incline
12/12/06	13	4.6 4.4 4.2	8 3 3	First incline
15/12/06	14	4.6 4.4 4.2	8 3 3	First incline
18/12/06	15	4.6	15	First incline
29/12/06	16	4.6 4.8 4.6	5 5 5	First incline
03/01/07	17	4.4 4.6 4.4	5 5 5	Second incline (30 degree incline) Definite further improvement of muscle mass over lumbar/sacral spine, could initially feel pelvic bones when wagged tail, now only muscle !
10/01/07	18	5.0 4.8	5 10	Second incline
18/01/07	19	5.0 4.8	10 5	Second incline 36.6 kg
22/01/07	20	5.0 4.8 4.6	10 5 3	Second incline
25/01/07	21	5.0 5.2 4.8	12 2 2	Second incline
29/01/07	22	5.0 5.2 4.8	12 2 2	Second incline
01/02/07	23	5.0	16	Second incline
05/02/07	24	5.0	16	Second incline 37.2 kg

Signed off of treadmill sessions as Brambles owner has purchased a treadmill of her own to be able to continue the regime as it has had such a dramatic effect.

 [Previous](#) | [Next](#)

 [Back to top](#)