



**Case 17: Arthrotomy medial left elbow** publication date: Aug 8, 2008

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**'Keira', GSD, Female(ent) 27/04/06**  
Headley Down, Bordon,Hants.

**21/12/06; Presented at surgery, lame LEFT fore approx 2 weeks, loss of muscle, given injection of NSAID Rimadyl ( carprofen).**

**22/12/06; Sedate to x-ray L & R elbows, flexed and extended, Revealed bilateral FCP (fragmented coronoid process, and sclerosis of joints) Surgery advised.**  
Onto Rimadyl oral 50 mg BID.

**03/01/07 ; GA, Arthrotomy medial LEFT elbow, FCP removed & medial lip of ulna trimmed, no evidence of OCD. Inj Rimadyl & Ceporex, & hospitalised.**

**04/01/07 ; Touching foot to floor! Inj Rimadyl & Ceporex, discharged, with oral rimadyl 50mg bid, & ceporex 500mg 1bid. Owner instructed 10 minutes straight line lead exercise 3 x daily.**

**10/01/07 ; Check up, AOK! 75%**

**16 /01/07 ; Sutures out 90%**

DATE	SESSION NUMBER	SPEED (k/h)	DURATION (MINUTES)	NOTES
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17/01/07	1	3.8	3	Gradually over 5 minutes up to 3.8k/h, held for 3 minutes, then gradual reduce, total 12 minutes. Very steady, full weight bearing, very slight toeing out towards end, very very bright.
18/01/07	2	4.0	10	No toeing out/lameness Right radius/ulna mid shaft = 5.4cm Left radius/ulna mid shaft = 4.0 cm
19/01/07	3	4.0 4.2	5 5	Owner reported no lameness at all, off rimadyl, Keira very keen to do more! (Licked wound slightly, Viatop gel bid, and buster collar when left alone).
22/01/07	4	4.2 4.4	5 5	
23/01/07	5	4.2 4.4 4.6	4 6 1	
24/01/07	6	4.2 4.4 4.6	3 7 3	Fantastic! No lameness, or toeing out.
25/01/07	7	4.6 4.4 4.2	6 4 2	
26/01/07	8	4.6 4.4 4.2	6 4 2	Right radius/ulna mid shaft = 5.5cm (was 5.4cm) Left radius/ulna mid shaft = 5.0cm (was 4.0cm)
29/01/07	9	4.6 4.4 4.2	7 4 1	

30/0/07	10	4.6 4.4	6 6	01/02/07 ; GA Arthrotomy medial Right elbow, FCP removed, no evidence OCD. Inj Rimadyl, & Ceporex, hospitalised. 02/02/07 ; Walking almost normally! No pain shown. Inj Rimadyl & Ceporex. Discharged, Ceporex 500mg 1 BID. 05/02/07 ; Check up, doing very well, further Ceporex 500mg 1 BID slight seroma.
08/02/07	11	4.0 4.2	6 4	No toeing out either leg, no lameness!
08/02/07	12	4.2 4.4	7 4	Fantastic! Foot placement is perfect on left & right, full range of movement equal in both elbows.
12/02/07	13	4.2 4.4 4.6	3 7 2	
14/02/07	14	4.4 4.6 4.4	7 3 2	
16/02/07	15	4.2 4.4 4.6	3 7 3	Right radius/ulna mid shaft = 5.5cm (was 5.4cm) Left radius/ulna mid shaft = 6.0 cm (was 4.0cm then 5.0cm).
19/02/07	16	4.2 6.2 4.4 4.2	3 3 (trotting) 3 3	
21/02/07	17	4.2 6.6 4.2	3 4 (trotting) 3	

**Sign off rehab as doing so well advise owner 20 - 30 minutes exercise 2 x daily plus off lead exercise. Re-ex if any problems.**

**14/03/07; Follow up check, Keira appears to be fully recovered from her surgeries, and is now exercised off lead with another dog, she has had no lame episodes.**

**I believe that the use of the treadmill as her rehabilitation , speeded up, and improved the recovery**

for which the owner is very grateful, as they have a dog that can lead a normal life without limitations.

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