



Case 19: Right Cruciate repair publication date: Aug 8, 2008

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ROSIE, Female (n), Black Labrador, Feb 02.

16/07/07; Ruptured Right Cruciate Repair, De-Angilis suture method.

DATE	SESSION NUMBER	SPEED (k/h)	DURATION (MINUTES)	NOTES
26/07/07	1	2.8 3.0 2.6	3 2 2	Approx 80% weight bearing, some stiffness, slight lateral rotation of stifle. Slight seroma lateral stifle.
30/07/07	2	3.0 3.2 3.4 3.0	3 3 1.5 2	Seroma reduced, removed last of sutures, reduce rimadyl to 50mg, ½ bid.
01/08/08	3	3.0 3.2 3.4 3.0	3 3 1.5 2	On reduced dose rimadyl, still weight bearing & walking well.
03/08/08	4	3.0 3.2 3.4 3.2 3.0	1 5 1 2 1	Fantastic!

07/08/08	5	-	-	Postpone treadmill as dog went off lead over weekend & ran off with other dog! Now swelling +++, increase rimadyl to 50 mg 1 bid
10/08/08	6	3.0 3.2 3.0	3 4 3	Better, approx 90% weight bearing when walking, less when standing swelling reduced. Slight lateral rotation of stifle when walking, but foot straight.
13/08/08	7	3.0 3.2 3.0	2.5 5 2.5	
16/08/08	8	2.8 3.0 3.2 3.0 2.8	1 4 1.5 1 1.5	Onto 5% incline; Slightly noticeable increase in muscle mass since last session, placing foot well, good joint movement, full flexion & extension movement. Fab!!
20/08/08	9	3.0 3.2 3.0	4 2 4	5% incline
23/08/08	10	2.8 3.0 2.8 2.6	3 3 2 1	Only on 50 mg rimadyl ½ bid, very bright, little cautious with leg (good!) Onto 10% incline as definite muscle bulking with incline work;
28/08/08	11	3.0 3.2 5.6(run)	4 2 3	No lameness now even on running, Sign off treadmill sessions, owner to use 'sensible' exercise regime, (not both dogs charging around for a while yet) . Try to stop rimadyl & only use if necessary.

26/11/07	12	3.0 3.2 3.0	4.5 3.5 2	Resume Treadmill Sessions Running around too much, joint swollen; 5 % incline Started to rotate joint out laterally towards end.
28/11/07	13	3.0 3.2 3.0 2.8	1.5 4 3 1.5	5 % incline Joint swelling +++++, but no heat around joint, and Rosie is remarkably bright! Only approx 1/10 lame. On 1 leg balance- ie lifting left hind to cause Rosie to take weight on right hind, she is very happy and does so with no problems, even when give a 'wobble'. Apparently, Rosie tends to 'hump' her bedding, which is on tiled floor, and her legs occasionally slip, advised owner to get an offcut of carpet to prevent legs slipping.
30/11/07	14	3.0 3.2 3.0 2.8	1 5.5 2.5 1	5 % incline No joint Swelling!!

03/12/07; A.OK!! Keep carpet down!!

04/01/08; Still doing very well, using leg normally, and without lameness, maintaining muscle mass, and exercising normally with other dog.

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