



Case 22: Cruciate repair publication date: Aug 8, 2008

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'Poppy' Bearded Collie x , Female (n), 8 ½ years

Previous History;

27/12/07; Lamé 8/10 Left hind, stifle, probable cruciate rupture.

28/12/07; Sedate to x-ray, +ve cruciate rupture Left stifle.

10/01/08; GA, OTT repair of ruptured cruciate ligament, hospitalised overnight, discharged, rimadyl & rest.

14/01/08; Re/exam, toe touching!

20/01/08; Too much energy, seroma formed over joint.

21/01/08; Sedate to drain seroma.

25/01/08; Inject Cartrophen 0.8ml, stop rimadyl, onto flexadin.

01/02/08; Inject cartrophen 0.8ml.

Treadmill work;

DATE	SESSION NUMBER	SPEED (k/h)	DURATION (MINUTES)	NOTES
04/02/08	1	1.6	6	22.8kg, approx 85% weight bearing, Tends to 'dot and carry' left hind, tried to increase speed, but lifts leg completely!

06/02/08	2	1.6	4	Still 'dot and carry', I lifted good leg and took most of weight & Poppy started to use leg properly, nervous of treadmill sensation therefore guarding. Hopefully has now gained confidence to use.
08/02/08	3	1.6	10	Just about uses most of the time.
11/02/08	4	2.0	10	Just about using all time.
13/02/08	5	1.8 2.0	2 8	Used ALL time!
15/02/08	6	1.8 2.0 2.1 2.2 2.4	1 2 4 2 1	
18/02/08	7	1.8 2.0 2.2 2.4 2.5	1 2 2 3 2	
20/02/08	8	2.2 2.4 2.6 2.6	2 2 2 3 -5% incline	
22/02/08	9	2.2 2.4 2.6 2.8 2.6	1 1 2 4 2 -5% incline	
25/02/08	10	2.2 2.4 2.6 2.7 2.8 2.6	1 1 1 1 5 2 -5% incline	
29/02/08	11	2.4 2.6 2.8 3.0 2.8 2.8	1 1 3 2 2 2 -5% incline	Owner reported let off lead in field at weekend to run, no lameness at time or later.

04/03/08	12	2.4 2.6 2.8 3.0 2.8 2.6	1 1 2 4 1 2 -5% incline	
07/03/08	13	2.6 2.8 3.0	1 2 7	
11/03/08	14	3.0 3.2	6 4	<p>Can take weight on left hind leg, (wobble test), but chooses not to, thus muscle is not returning as it should, (catch 22 - if used leg, muscle would return, without muscle, doesn't want to use leg!)</p> <p>Stifle has excellent range of movement - flexion & extension, there is no swelling of the joint and no heat, and Poppy is happy for me to move it.</p> <p>So; challenge is to get her to use the leg as I know she can- Dressing applied to RIGHT hind paw- her good leg!</p> <p>With the dressing on the opposing foot, Poppy was forced to take more weight on her left leg & proved that she can!</p> <p>I have supplied her owner with some cohesive dressing to be applied daily for 10-15 minutes at a time.</p>
14/03/08	15	3.0 3.2	6 4	Dressing applied to right hind foot.

