



Case 24: Reduced movement of elbow publication date: Sep 12, 2008

[Previous](#) | [Next](#)

ARCHIE , Lurcher x, Male (n), 01/06/00

Previous History; 12/02/08; Went for a long walk over hilly & boggy ground, apparent pain over Left shoulder. Prescribed 1 week of Rimadyl (carprofen) NSAID, to see if improves.

28/02/08; No improvement.

Owner reports that Archie is not lame as such, but 'rolls' when walks.

Examination = When sitting & lying down, Archie tends to hold his left fore against his body and is unwilling to extend it, so when he lays down his left leg appears shorter.

Slight toeing out of left foot when walking.

Right leg = full range of movement (rom) in carpus, elbow and shoulder.

Left leg = full rom in carpus, but reduced flexion of elbow and very reduced flexion & extension of shoulder.

DATE	SESSION NUMBER	SPEED (k/h)	DURATION (MINUTES)	NOTES
28/02/08	1	2.0 2.7 3.0 3.2	1 3 - very slight turning out of elbow 3 - definite turning out of elbow and toeing out 4 - as above	When walking, Archie has visibly reduced musculature over the scapula/tricep area, and has quite a severe, deep knot - golf ball sized- in the tricep. Massage given to attempt to dissipate.

04/03/08	2	3.0 3.2 3.4 3.6	2 2 3 3	No lameness, or rolling. Massage = Knot reducing, approx large grape/walnut sized.
06/03/08	3	3.0 3.2 3.4 3.6 3.8	1 1 1 5 3	No toeing out, or turning out of elbow. Massage = Knot reduced further, now grape sized, rom back to normal in elbow (equal to right), and improved in shoulder. Musculature imcreasing.
10/03/08	4	3.2 3.4 3.6 3.8 6.4 3.4	2 2 1 3 2 - fast trot 2	No lameness/rolling. Massage = No muscle knot palpable, full rom returned to elbow & shoulder and owner reports no rolling/lameness on walks. Advised reduce rimadyl to ½ dose, and exercise for 30 minutes twice daily, with 10 minutes off lead exercise each walk. Check up in 1 weeks or before if relapses.

19/03/08; Re examine, Archie has shown no symptoms of lameness and has full rom in the whole leg.
Still on going on treadmill.....

 [Previous](#) | [Next](#)

 [Back to top](#)